



Disaster Kit



Month 1: October

Canned Food Items (Quantity):

- Tuna (4)
- Chicken (2)
- Chili (2)
- Canned Pasta (8)
- Soups (2)
- Vegetables (8)
- Juices (1 six pack)
- Fruit (3)
- Peanut Butter (1)

Other Items:

- Powder Milk (1)
- Box Cereal (1)
- Granola Bars (1 box),
- Trail Mix (1 box)
- Jelly (1)
- Crackers (1 box)
- Sugar
- Salt/Pepper
- Water (1 gallon per person per day)