



Winter Safety and Awareness

At Home and Work:

- Primary concerns are loss of heat, power and telephone service and a shortage of supplies if storm conditions continue for more than a day.
- Have a flashlight and extra batteries readily available.
- Have a battery-powered NOAA Weather Radio and portable radio to receive emergency information. These may be your only links to the outside.
- Keep extra food and water.
- Have extra medicine and baby items.
- Maintain a first-aid kit.
- Have a supply of heating fuel. Refuel before you are empty. Fuel carriers may not reach you for days after a winter storm.
- Consider an emergency heat source. If replaced with a wood stove or space heater, use properly to prevent a fire.
- If utilizing a generator or camping stove or grill, use them outside and ventilate properly.
- Have a fire extinguisher, smoke alarm, and carbon monoxide alarm. Test alarms once a month to ensure they work properly.
- Make sure pets have plenty of food, water and shelter.

If Outside:

Find shelter:

- Try to stay dry
- Cover all exposed body parts

If you have no shelter:

- Build a lean-to, windbreak or snow cave for protection from the wind.
- Build a fire for heat and to attract attention.
- Place rocks around the fire to absorb and reflect heat.

Melt snow for drinking water:

- Eating snow will lower your body temperature.

Winter Resources

<http://www.ready.gov/winter>

<http://emergency.cdc.gov/disasters/winter/>